

# JANDU YANI U

## FOR ALL FAMILIES

*Triple P Training in a Remote Indigenous Setting*

*Speakers Jadhah Davies & Ellaina Andersson*

**Jandu Yani U Team** (In alphabetical order): Ellaina Andersson, Professor Maxwell Bennett, Emily Carter, Sue Cherel, Edith Cox, Jadhah Davies, Professor Stewart Einfeld, Professor Elizabeth Elliott, Michell Forster, Damian Griffis, Marmingee Hand, Michael Herd, Cari McIlduff, Dr Jeffrey Nelson, June Oscar, Professor Matthew Sanders, Associate Professor Kate Sofronoff, & Sue Thomas



THE UNIVERSITY OF  
SYDNEY



# LILILWAN PROJECT

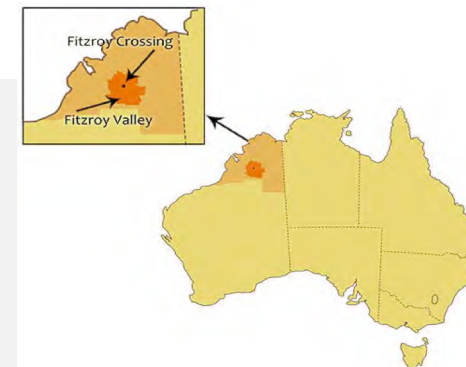
“All the Little Ones”

- In 2009 Indigenous leaders in Fitzroy Valley initiated a research partnership to conduct the first Australian study of FASD prevalence
- They found that Neurodevelopmental disorder was documented in 34/108 children (314.8 per 1000), and
- **FASD was diagnosed in 21/108 or 19% of children, among the highest world wide**

**Early intervention services are needed to support developmentally vulnerable children in remote communities and parenting support is required**

Fitzpatrick et al (2015). Prevalence of fetal alcohol syndrome in a population-based sample of children living in remote Australia: the Lililwan Project. *Journal of Paediatric Child Health*, 51(4): 450-457. doi: 10.1111/jpc.12814

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# JANDU YANI U: THE CHALLENGE

- Children with **FASD consistently exhibited more behavioural challenges** than children without FASD, especially in domains of daily living (adaptive function), impulse control and socialisation.
- However, parents and teachers living in the Fitzroy Valley commonly reported challenging behaviours **for most children in these remote communities.**
- In response to the Lililwan Project findings the evidence-based Triple P - Positive Parenting Program (Triple P) was brought to carers in the valley.

# JANDU YANI U: THE AIM

To meet the needs of families faced with the challenges of complex child behavior, and to assess the effectiveness and cultural acceptability of a collaborative community engagement approach in the delivery of Triple P in terms of:

1. enhancing the confidence, skills, and sense of empowerment of local practitioners through professional training to offer parenting support to the community;
2. enhancing carer confidence and capacity in managing complex child behaviours, and increasing their feelings of empowerment; and
3. ameliorating the challenging behaviours of children.

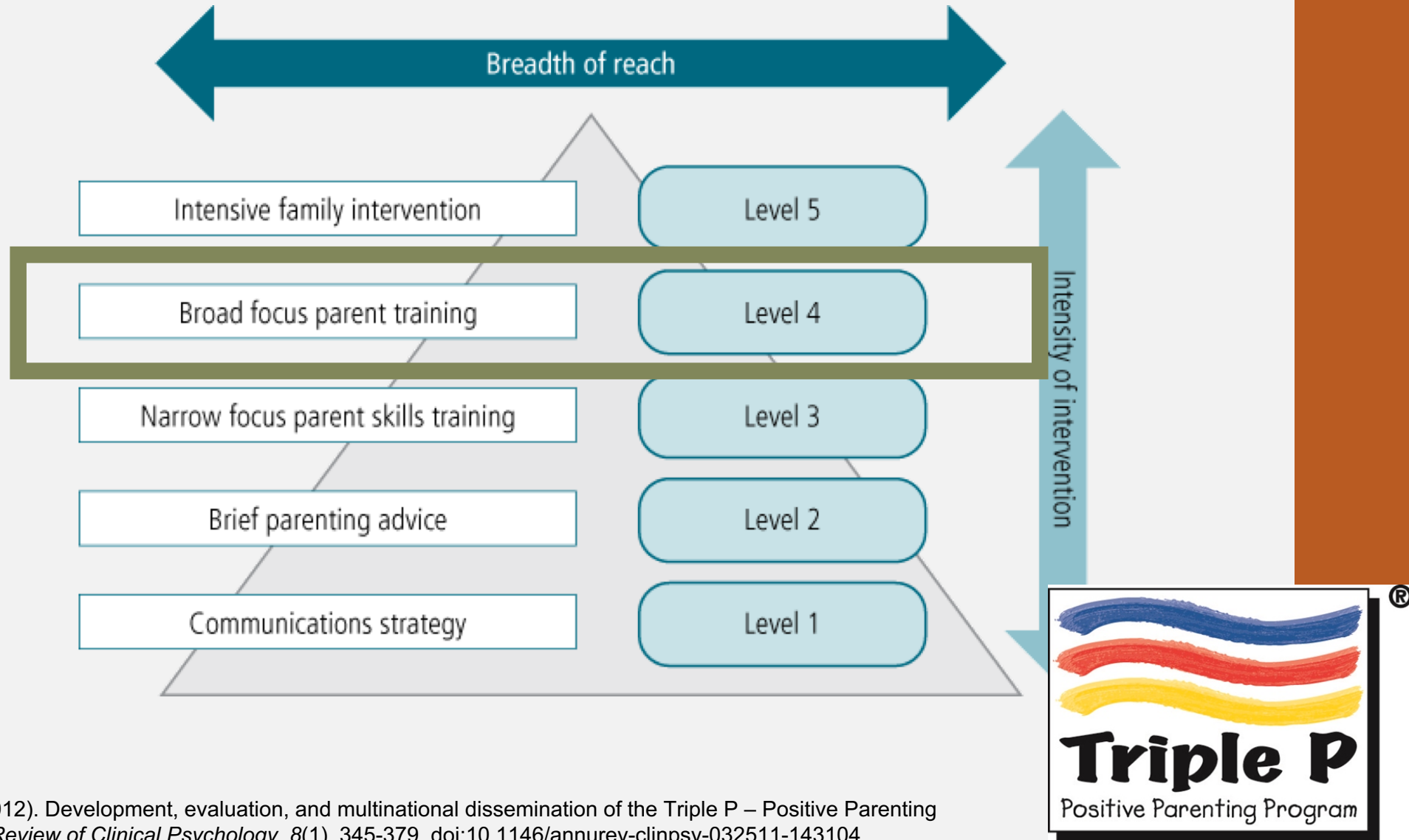
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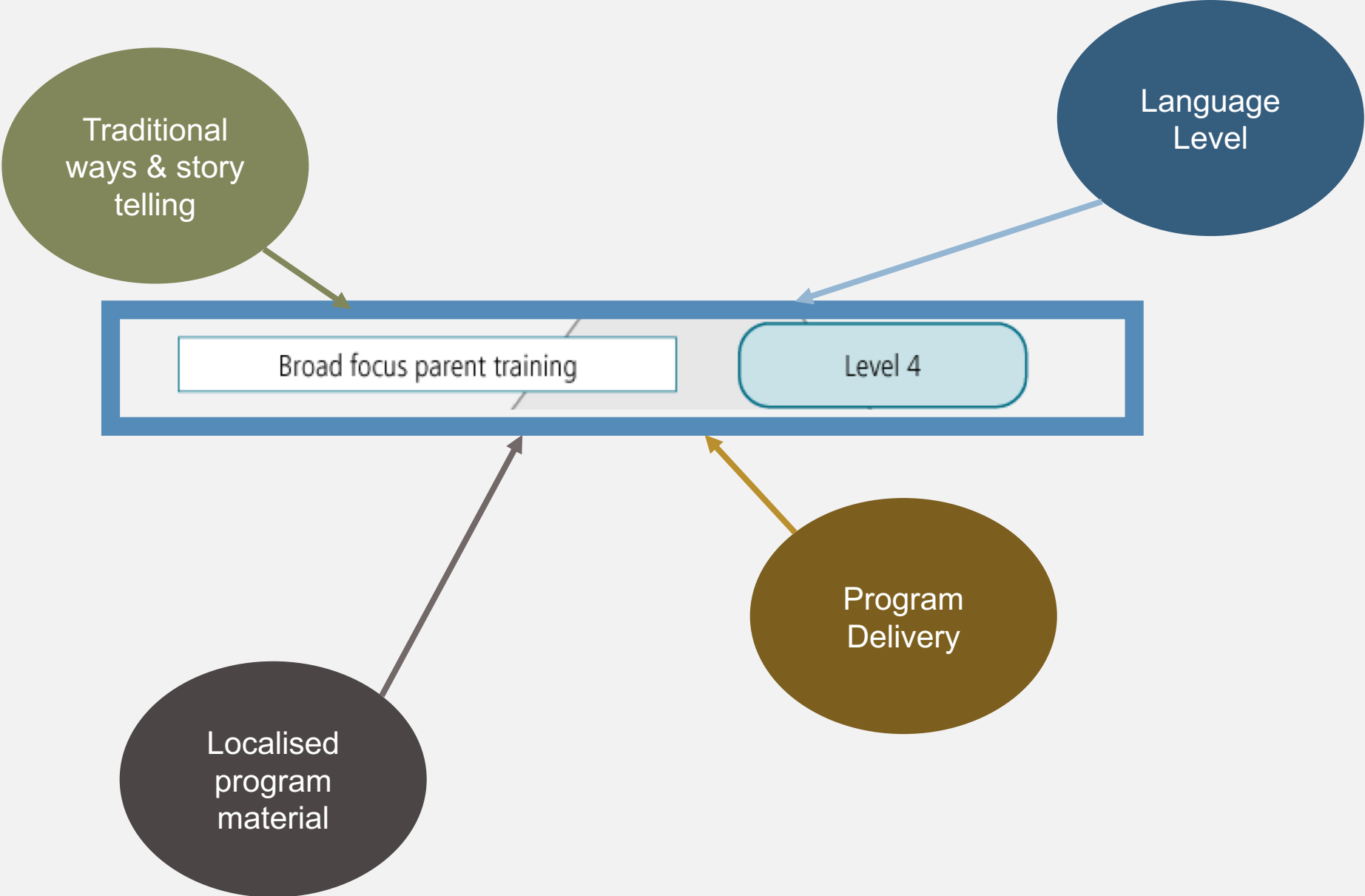
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The focus of today's presentation

# JANDU YANI U: TRIPLE P



# JANDU YANI U: TRAINING MODIFICATIONS



# JANDU YANI U: PARENT COACH TRAINING

1

Local community organisations were approached to allow employees to undertake modified Indigenous Triple P provider training.

2

Training was delivered using the community-preferred “two ways of knowing” philosophy, with one non-Indigenous trainer and one Indigenous trainer, and the course was increased from 3 to 4 days, after which individual mentoring was available.

3

The effectiveness of Triple P provider training in enhancing the confidence and skills of local professionals (parent coaches) to offer training to parents/caregivers was assessed



# JANDU YANI U: PARENT COACH TRAINING



PC Training Group One



PC Training Group Two



PC Peer Consultation

# JANDU YANI U: RESULTS

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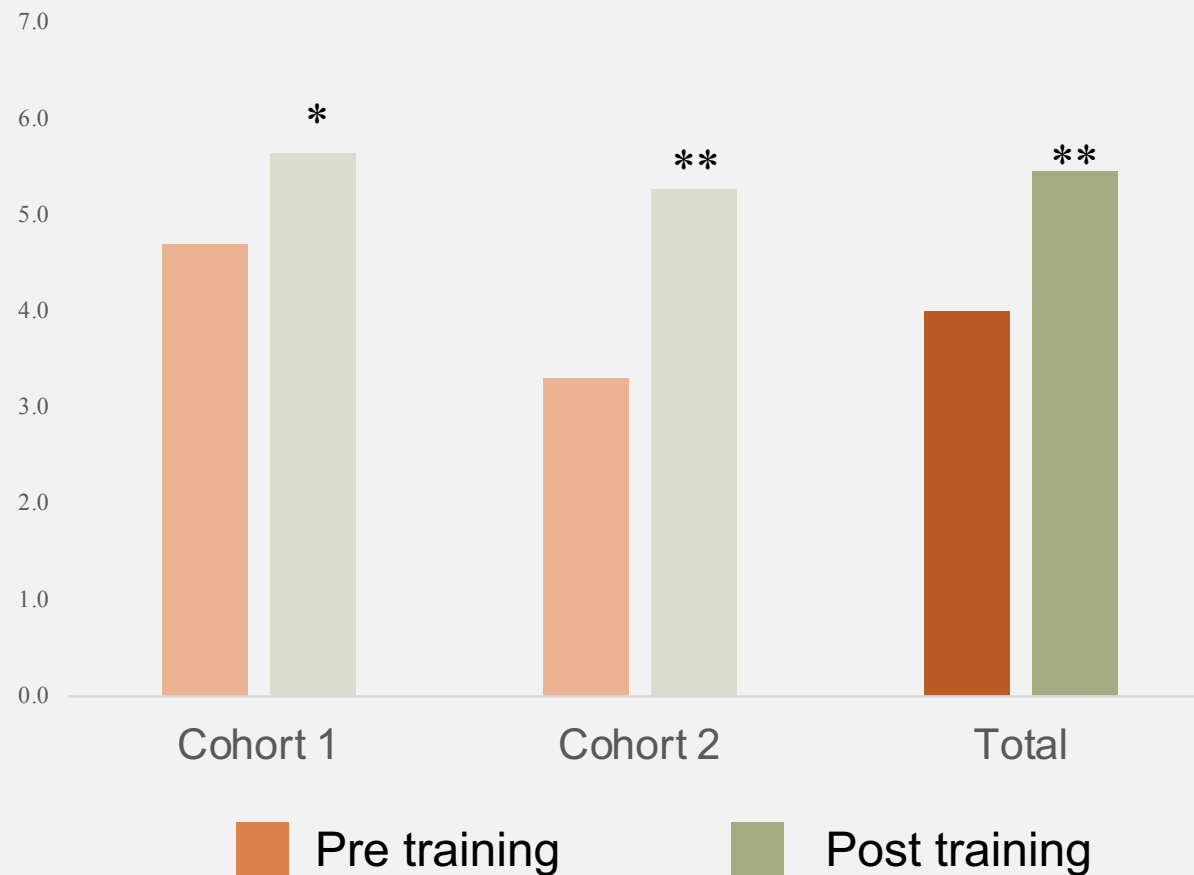
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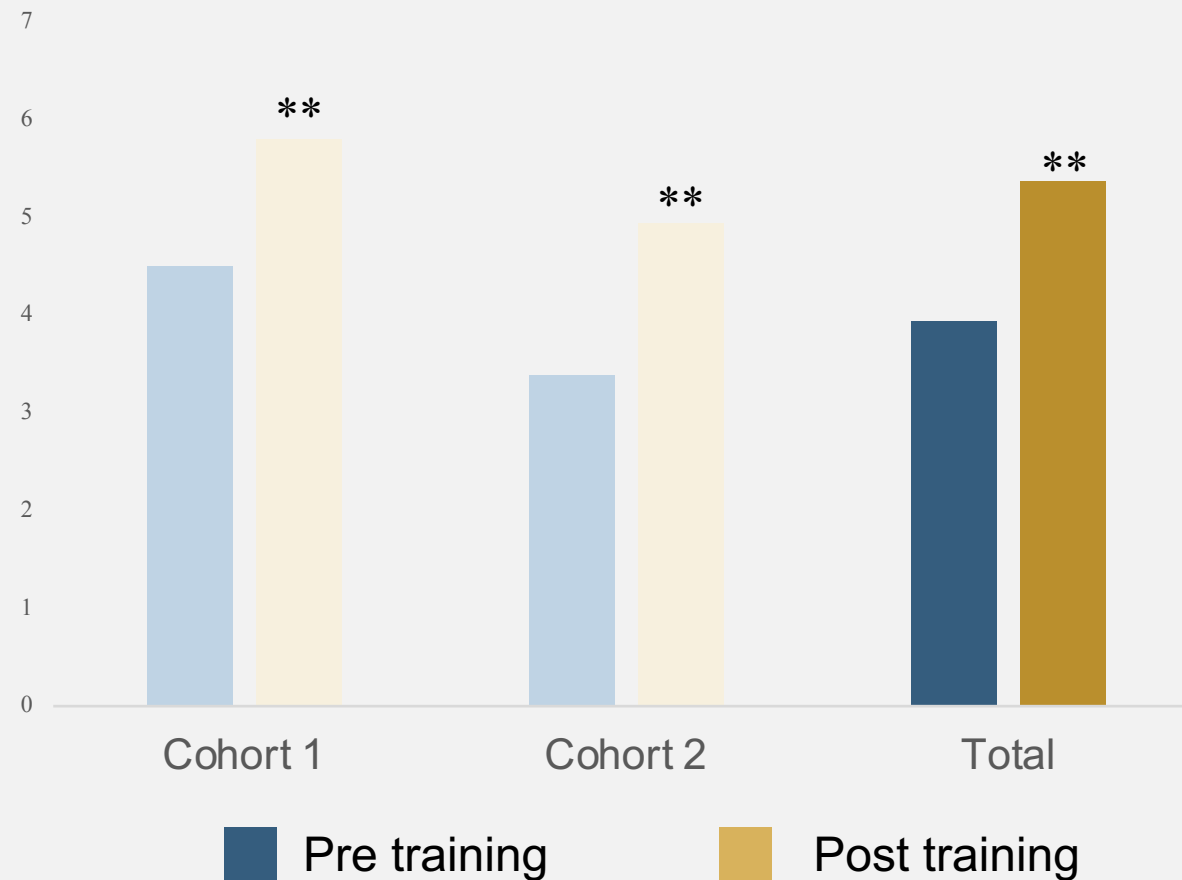
# PARENT CONSULTATION SKILLS

Do you feel well trained to run parent groups or sessions about child behaviour?  
1= Not at all... 7 = Very well trained.



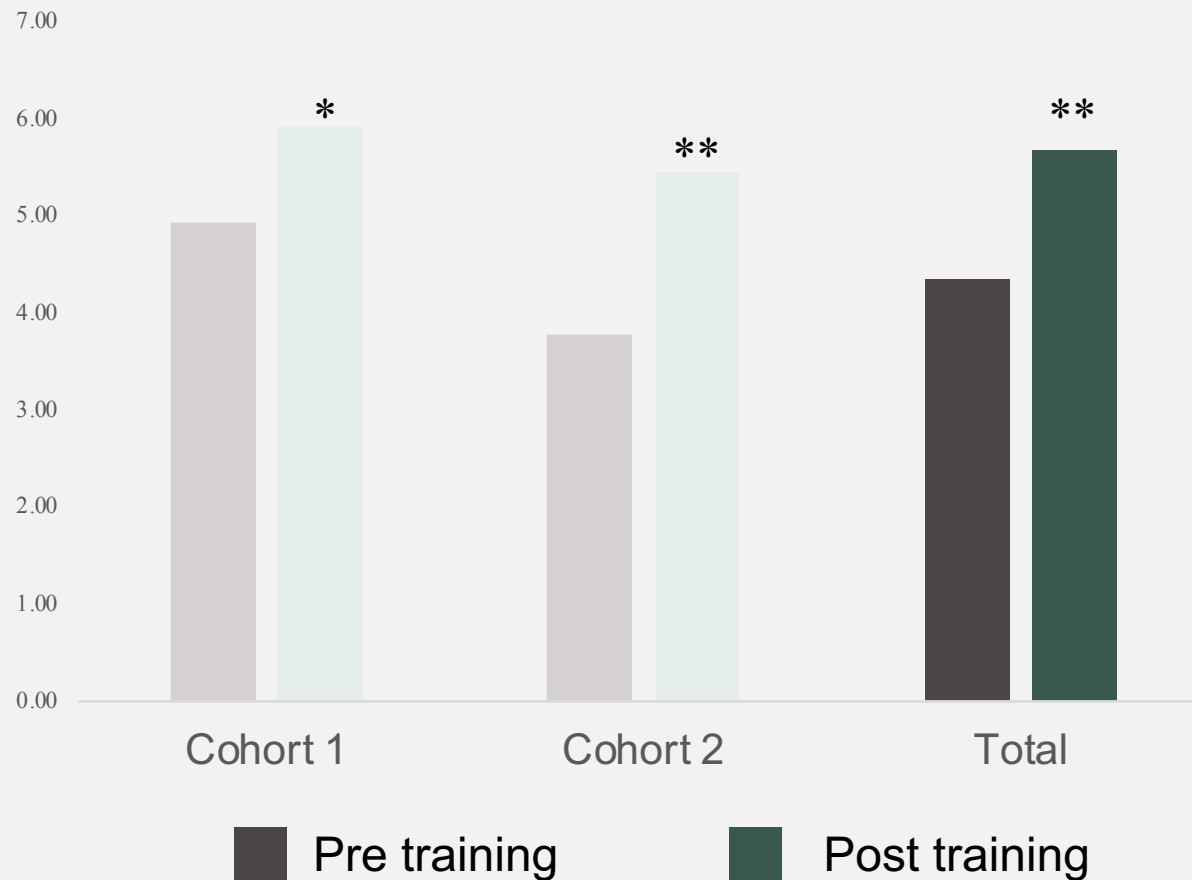
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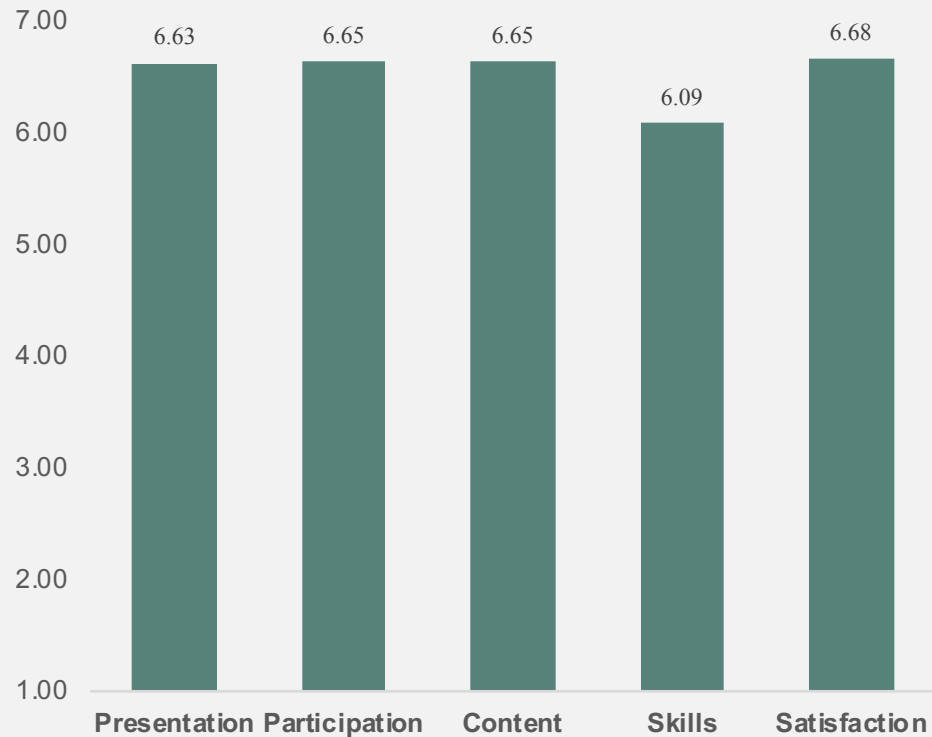
How proficient do you feel in your parent consultation skills ?  
1= Not at all... 7 = Very well trained





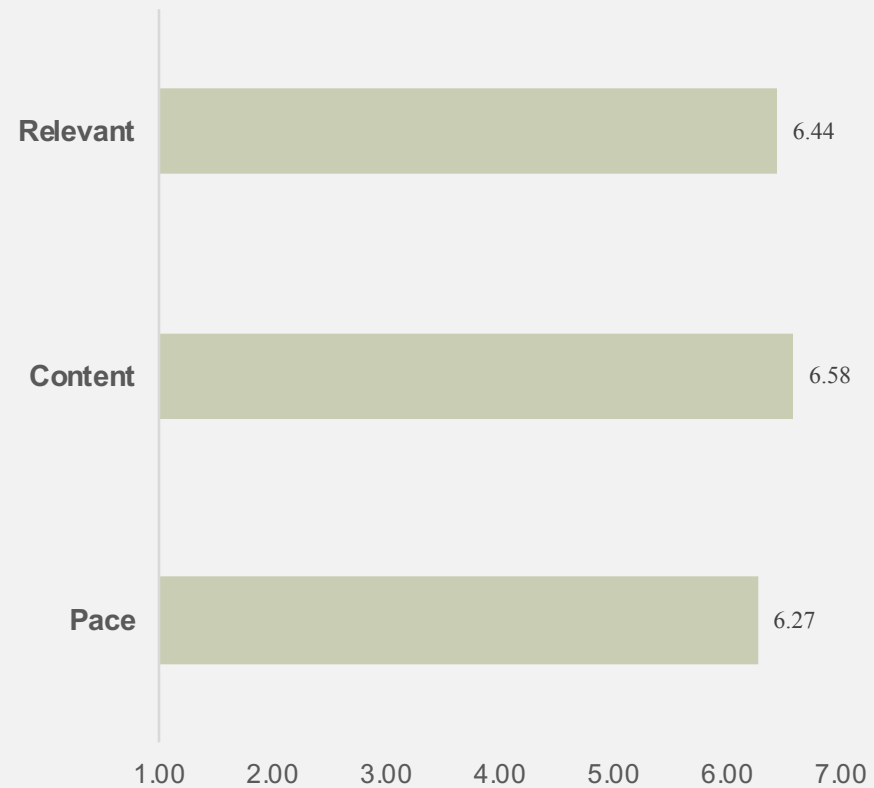
# QUALITY OF THE TRAINING

**Overall perceived quality of the training**  
(1= Very Poor... 7 =Excellent)



**Cultural Sensitivity**

(1= Very Poor... 7 =Excellent)



# JANDU YANI U: LEARNING OUTCOMES

- Jandu Yani U provides the opportunity to address the severe child behavioural problems for all families identified by Fitzroy Valley communities
- By training local professionals to deliver Triple P to local carers in a tailored way that is **sensitive and culturally appropriate**
- Beyond the potential benefits to families in the Fitzroy Valley, workforce development through training local professionals as Triple P providers is expected to **increase the capacity of practitioners to assist families, and encourage the long-term sustainability of the program** once the research project has ended.

# ONE FINAL WORD

I wish I could have had this type of training when I became a mum. It would have given me a better understanding instead of parenting on the run. I like the fact that these can be tools for life, I will try to remember them when my kids get into strife. The arguments, fights and being disrespectful, always left me feeling sad, guilty and horrible. I'm glad we've been taught the positive parenting way. I cant wait to tell my country men and hear what they got to say. I hope they feel like I do an practice it everyday. Cause it makes you fell real deadly when bringing up kids this way and you be there to help your family understand Jandu Yani U way.

*Parent Coach,  
Fitzroy Valley*



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