

Section F: Discussing the diagnosis and developing a management plan

After completing the diagnostic assessment, irrespective of the diagnosis, it is recommended that the health professional/s coordinating the diagnostic process:

- Discuss with individual/parents/caregivers the outcome of the medical assessment and any reports from other health professionals involved in the assessment.
- Discuss the diagnosis, as applicable, and develop a Management Plan, incorporating parent/caregiver and patient goals, referrals, management strategies and review dates (Appendix A3).
- Provide the individual/parents/caregivers with a written report.
- Discuss how this information may be important to share with relevant service providers and school staff. Parents/caregivers will need to provide consent for any reports to be sent directly to others; however, the parent/caregiver may take their copy of the reports to the school or other organisations, to develop an appropriate plan and access services, for example through the education system or the National Disability Insurance Scheme.
- Provide contact details for follow-up communication with the clinic, if required.
- If FASD has been diagnosed, provide written information about FASD and contact details for the National Organisation for Fetal Alcohol Spectrum Disorder (NOFASD) Australia <https://www.nofasd.org.au/> or phone 1800 860 613, and/or Russell Family Fetal Alcohol Disorders Association <http://rffada.org/> or phone 0412 550 540.
- For information and resources for individuals/parents /caregivers after a diagnostic assessment, including formulation of the management plan and referrals to therapy and other support services: see Appendix A7.
- Consider the need for referral for individuals or family members with alcohol use disorders, as appropriate.
- For information and resources for clinicians to support patients and their families after a diagnostic assessment: see Appendix A8.