



Government of **Western Australia**
Mental Health Commission



Expanding our Workforce Development story

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Acknowledgement to Country

We acknowledge the Noongar people as the Traditional Custodians of the land on which we live and work.

We honour all past, present and emerging Elders as the care takers of the memories, culture and dreams of Aboriginal and Torres Strait Islander people.



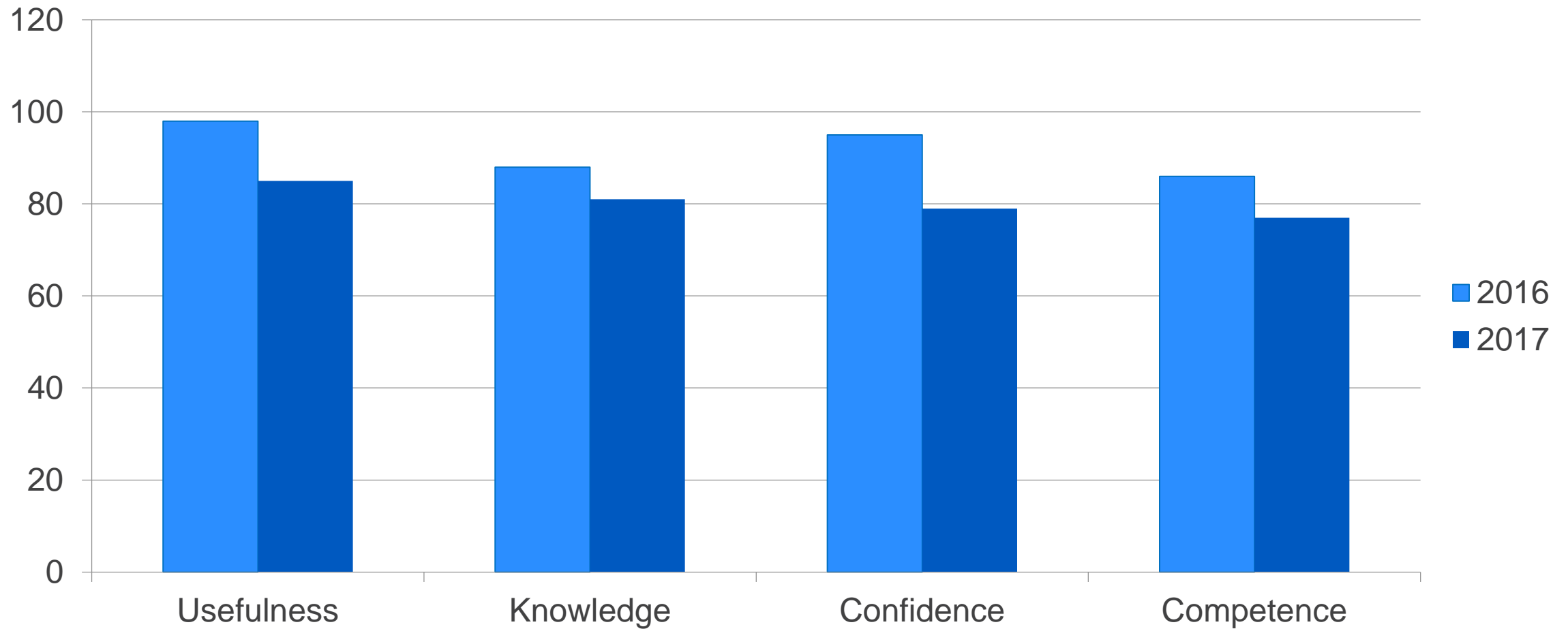
Project background

- 2010-2015 *Strong Spirit Strong Future (SSSF)*
 - COAG funding
 - Cultural consultation with a Key Aboriginal Advisory Group (KAAG)
 - Drug and Alcohol Office collaboration across programs
 - Media campaign
 - Funding grants
 - Culturally secure resources and workforce development
 - 2012-15 training delivery (regional and metro)
 - 2016-2018
 - No media campaign/funding grants/regional training
 - Continued by Mental Health Commission across prevention teams
 - Workforce development using SSSF resource training and kit
 - AODtraining@MHC (metro only)
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One day format (2012-2017)

- Lesson plan:
 - Aboriginal context
 - Alcohol use in Australia
 - Alcohol and pregnancy
 - FASD
 - FASD prevention
 - Working with Aboriginal women
 - Skill session with culturally secure resources
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Evaluation data (2016-2017)



Participant feedback (2016-2017)

- What was the most useful part of the event?
- What was the least useful part of the event?
- What can be added to the event?
- Any other comments?



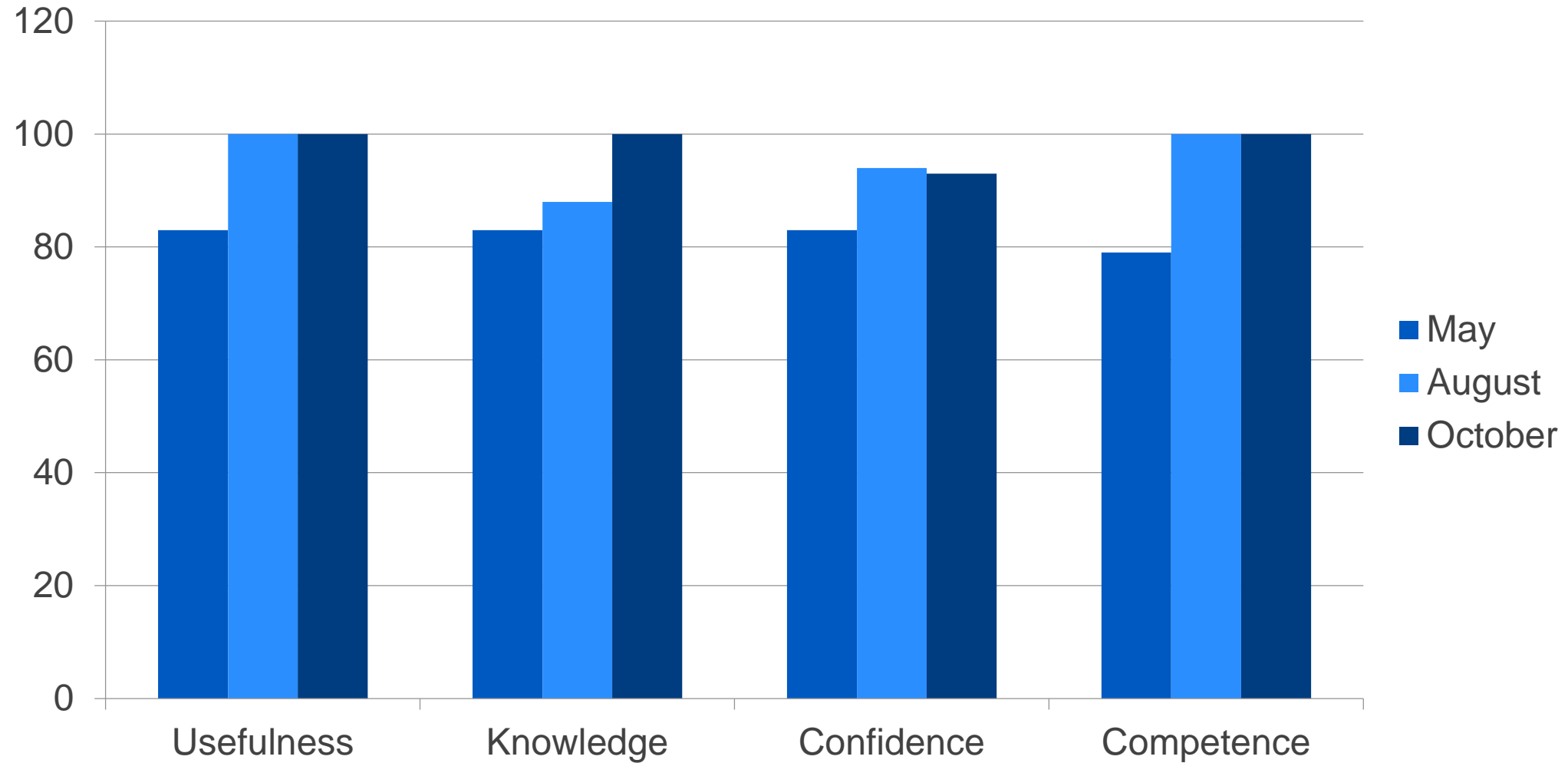
Two day format (2018)

- Day One lesson plan:
 - Aboriginal context
 - Alcohol use in Australia (including alcohol and pregnancy)
 - FASD
 - FASD prevention
 - Day Two lesson plan
 - Working with Aboriginal women / men and families
 - FASD prevention strategies
 - Skills practice using Strong Spirit Strong Future resources
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How did we double the time?

- Videos/clips in every section
 - AOD, Aboriginal experience
 - 7:30 report
 - **FASD Hub**
 - **SSSF training resource**
 - What women want to know
 - **Stay Strong and Healthy (NSW)**
 - Discussion groups
 - Aboriginal historical context
 - FASD and FASD prevention
 - Working with women/barriers
 - Interactive learning activities
 - Standard drinks
 - Stages of Change
 - **FASD prevention strategies**
 - Skill training
 - Seven L's
 - AUDIT-C
 - Resource kit
 - **Role plays (6 new scenarios)**
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Evaluation data (2018)



Participant feedback (2018)



Summary and thank you.

