

# NUMBER OF STANDARD DRINKS – BEER



**1.1**

285ml

Full Strength  
4.8% Alc. Vol



**0.8**

285ml

Mid Strength  
3.5% Alc. Vol



**0.6**

285ml

Low Strength  
2.7% Alc. Vol



**1.6**

425ml

Full Strength  
4.8% Alc. Vol



**1.2**

425ml

Mid Strength  
3.5% Alc. Vol



**0.9**

425ml

Low Strength  
2.7% Alc. Vol



**1.4**

375ml

Full Strength  
4.8% Alc. Vol



**1**

375ml

Mid Strength  
3.5% Alc. Vol



**0.8**

375ml

Low Strength  
2.7% Alc. Vol



**1.4**

375ml

Full Strength  
4.8% Alc. Vol



**1**

375ml

Mid Strength  
3.5% Alc. Vol



**0.8**

375ml

Low Strength  
2.7% Alc. Vol



**34**

24 x 375ml

Full Strength  
4.8% Alc. Vol



**24**

24 x 375ml

Mid Strength  
3.5% Alc. Vol



**19**

24 x 375ml

Low Strength  
2.7% Alc. Vol

These are only an approximate number of standard drinks. Always read the container for the exact number of standard drinks.

# NUMBER OF STANDARD DRINKS – WINE



**1.5**

150ml

Average

Restaurant Serving  
of Red Wine  
13% Alc. Vol



**1**

100ml

Standard Serve  
of Red Wine  
13% Alc. Vol



**0.8**

60ml

Standard Serve  
of Port  
17.5% Alc. Vol



**1.4**

150ml

Average

Restaurant Serving  
of White Wine  
11.5% Alc. Vol



**0.9**

100ml

Standard Serve  
of White Wine  
11.5% Alc. Vol



**1.4**

150ml

Average Restaurant  
Serve of Champagne  
12% Alc. Vol



**7.1**

750ml

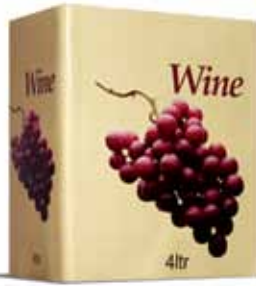
Bottle of Champagne  
12% Alc. Vol



**7.7**

750ml

Bottle of Red Wine  
13% Alc. Vol



**41**

4 Litres

Cask Red Wine  
13% Alc. Vol



**21**

2 Litres

Cask Red Wine  
13% Alc. Vol



**6.8**

750ml

Bottle of White Wine  
11.5% Alc. Vol



**36**

4 Litres

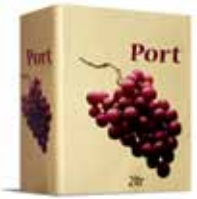
Cask White Wine  
11.5% Alc. Vol



**18**

2 Litres

Cask White Wine  
11.5% Alc. Vol



**28**

2 Litres

Cask of Port  
17.5% Alc. Vol

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# NUMBER OF STANDARD DRINKS – SPIRITS

							
<b>1</b>	<b>22</b>	<b>1.1</b>	<b>1.2</b>	<b>2.6</b>	<b>1.5</b>	<b>1.8</b>	<b>3.6</b>
30ml	700ml	275ml	330ml	660ml	275ml	330ml	660ml
High Strength Spirit Nip	High Strength Bottle of Spirits	Full Strength RTD*	Full Strength RTD*	Full Strength RTD*	High Strength RTD*	High Strength RTD*	High Strength RTD*
40% Alc. Vol	40% Alc. Vol	5% Alc. Vol	5% Alc. Vol	5% Alc. Vol	7% Alc. Vol	7% Alc. Vol	7% Alc. Vol
							
<b>1</b>	<b>1.2</b>	<b>1.5</b>	<b>1.7</b>	<b>1.4 – 1.9</b>	<b>1.6</b>	<b>2.1</b>	<b>2.4</b>
250ml	300ml	375ml	440ml	250ml	300ml	375ml	440ml
Full Strength Pre-mix Spirits	Full Strength Pre-mix Spirits	Full Strength Pre-mix Spirits	Full Strength Pre-mix Spirits	High Strength Pre-mix Spirits	High Strength Pre-mix Spirits	High Strength Pre-mix Spirits	High Strength Pre-mix Spirits
5% Alc. Vol	5% Alc. Vol	5% Alc. Vol	5% Alc. Vol	7% – 10% Alc. Vol	7% Alc. Vol	7% Alc. Vol	7% Alc. Vol

These are only an approximate number of standard drinks. Always read the container for the exact number of standard drinks.

\* Ready-to-Drink