

Table 2 Reported alcohol use, including AUDIT-C Questions

**Alcohol use in early pregnancy (if available)**

Was the pregnancy planned or unplanned?  Planned  Unplanned  Unknown

When did the birth mother realise that she was pregnant? \_\_\_\_\_ (weeks)  Unknown

Did the birth mother drink alcohol before the pregnancy was confirmed?  Yes  No  Unknown

Did the birth mother modify her drinking behaviour on confirmation of pregnancy?  
If Yes please specify:  Yes  No  Unknown

During which trimesters was alcohol consumed? (tick one or more)  None  1<sup>st</sup>  2<sup>nd</sup>  3<sup>rd</sup>  Unknown

**AUDIT-C questions**

Source of reported information on alcohol use:  Birth mother  Other (please specify)

1. How often did the birth mother have a drink containing alcohol during this pregnancy?

Unknown	Never	Monthly	2-4 times	2-3 times	4 or more times
	[skip Q2+Q3]	or less	a month	a week	a week
<input type="checkbox"/>	<input type="checkbox"/> <sub>0</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>

2. How many standard drinks did the birth mother have on a typical day when she was drinking during this pregnancy?

Unknown	1 or 2	3 or 4	5 or 6	7 to 9	10 or more
<input type="checkbox"/>	<input type="checkbox"/> <sub>0</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>

3. How often did the birth mother have 5 or more standard drinks on one occasion during this pregnancy?

Unknown	Never	Less than	Monthly	Weekly	Daily or
		monthly			almost daily
<input type="checkbox"/>	<input type="checkbox"/> <sub>0</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>

**AUDIT-C score this pregnancy: (Q1+Q2+Q3)=\_\_\_\_\_ Scores= 0=no exposure 1-4= confirmed exposure 5+= confirmed high-risk exposure**

## Assessing prenatal alcohol exposure: Summary

Assessment of prenatal alcohol exposure requires clinical judgement and careful evaluation of a range of information that may provide confirmation of maternal alcohol use and quantification of intake.

Evidence of exposure can be evaluated to estimate the overall level of risk using the following broad risk categories:

- i. **No exposure** (confirmed absence), no risk of FASD;
- ii. **Unknown exposure** (alcohol use is unknown);
- iii. **Confirmed exposure** (AUDIT-C score =1-4; or confirmed use, but exposure less than high risk level for FASD; or confirmed use, but not known if exposed at a high risk level for FASD); and
- iv. **Confirmed-high risk exposure** (AUDIT-C score = 5+; confirmed use, exposure at high risk level for FASD).

**Confirmed high risk exposures for FASD can be considered to include, at any time during pregnancy:**

- i. An AUDIT-C score of **5 or more**
- ii. Reported consumption of **5 or more standard drinks on one occasion** (e.g. AUDIT-C question 3)
- iii. Other reliable evidence of high consumption