



ABOUT US

Telethon Kids Institute is working with Mercy Services and the Newcastle Local Drug Action Team to help make FASD History in Newcastle. If you'd like to know more about the project:

Email:

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(Project Coordinator)

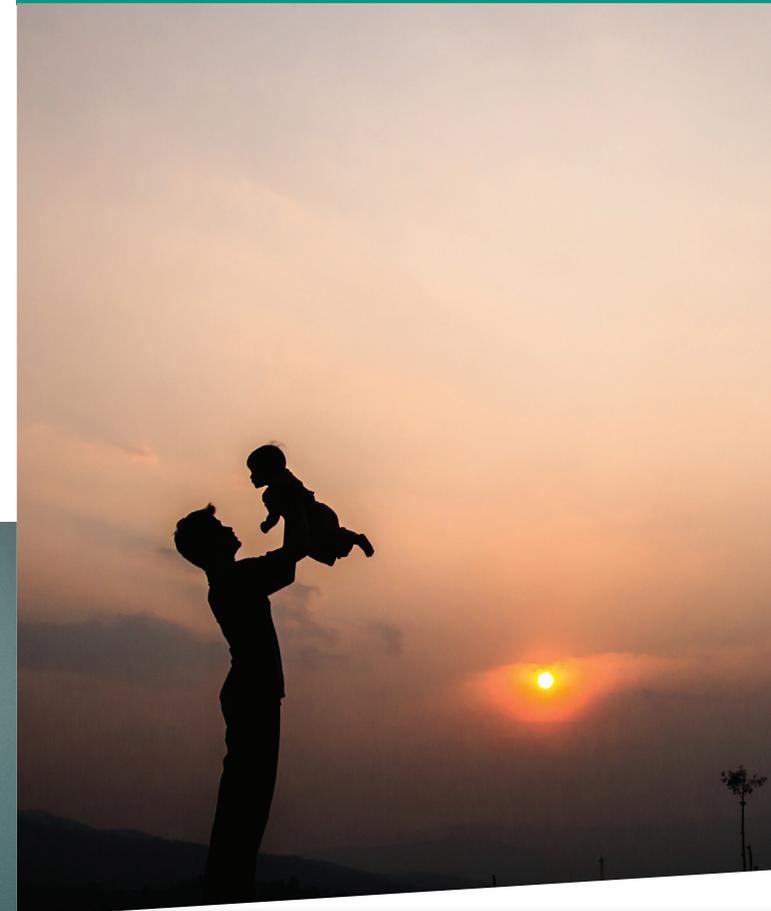
Online:

<https://alcoholpregnancy.telethonkids.org.au/our-research/research-projects/making-fasd-history-multi-sites/>

This program is funded by Australian Government Department of Health.



Fetal Alcohol Spectrum Disorder



FOR MORE INFORMATION

FASD Hub Australia:

<https://www.fasdhub.org.au/>

Telethon Kids Institute:

<https://www.telethonkids.org.au/our-research/research-topics/fetal-alcohol-spectrum-disorder-fasd/>

Tool Kit for Parents Caregivers and Families:

<https://www.nofasd.org.au/wp-content/uploads/2018/02/toolkit-2017-nov.pdf>

Australian Guide to the Diagnosis of FASD:

https://www.fasdhub.org.au/siteassets/pdfs/australian-guide-to-diagnosis-of-fasd_all-appendices.pdf



WHAT IS FASD?

Fetal Alcohol Spectrum Disorder (FASD) is caused by drinking alcohol during pregnancy. It can affect the development of a baby's brain and body in different ways.

Drinking during pregnancy can cause difficulties with:

-  growth
-  learning
-  memory
-  communication
-  behaviour

As the signs and symptoms of FASD occur along a spectrum, FASD will look different in each individual.

People with FASD may develop "secondary conditions". Secondary conditions are challenges that a person is not born with, but which can develop over time as a result of having FASD. They include things like disrupted schooling, inappropriate behaviour, trouble with the law, alcohol and other drug use and health challenges.



HOW CAN FASD BE PREVENTED?

There's no known safe amount of alcohol consumption during pregnancy. No alcohol is the safest choice if you are pregnant, think you could be pregnant, or are planning a pregnancy.

Partners can support women by not drinking around them while they are pregnant.

Friends and family of pregnant women also play a vital role in preventing FASD, by supporting them to not drink.

Early diagnosis, timely support and a stable care-giving home can help to reduce the impact of FASD and reduce the likelihood of secondary conditions.

FOR SUPPORT

If you or someone you know needs help with drinking see your local GP or contact the Drug and Alcohol Clinical Services (Hunter New England Health) for information, referral and advice.

**Drug and Alcohol Clinical Services
(Hunter New England Health)**

Phone: 1300 66 00 59 (Central Intake Line)

Website:
<http://www.hnehealth.nsw.gov.au/dacs>

Address: Various

Provides a variety of services including the Substance Use in Pregnancy and Parenting Services (SUPPS), Community Drug and Alcohol Counselling Service, Withdrawal Management, Stimulant Treatment, Cannabis Clinic, Pharmacotherapy, and Probation & Parole Groups.

