Table 2 Reported alcohol use, including AUDIT-C Questions

Alcohol use	e in early pregnance	cy (if available)						
Was the pregnancy planned or unplanned? ☐ Planned ☐ Unplanned ☐ Unknown								
When did the birth mother realise that she was pregnant? (weeks)					☐ Unknown			
Did the birth mother drink alcohol before the pregnancy was confirmed?						□ No	□ Ur	nknown
Did the birth mother modify her drinking behaviour on confirmation of pregnancy? If Yes please specify:						□No	□ Unknown	
During which	n trimesters was alco	ohol consumed? (t	ick one or more)	□ None	□ 1 st	□ 2 nd	☐ 3 rd	□ Unknown
AUDIT-C qu	iestions							
Source of reported information on alcohol use: Birth mother Other (please specify)								
1. How often did the birth mother have a drink containing alcohol during this pregnancy?								
1. How ofter	n did the birth mothe	er have a drink con	ntaining alcohol dur	ing this pregnar	ncy?			
1. How ofter Unknown	n did the birth mothe Never	er have a drink cor Monthly	ntaining alcohol dur 2-4 times	ing this pregnar 2-3 times	·	more times		
					4 or r	more times a week		
	Never	Monthly	2-4 times	2-3 times	4 or r			
Unknown	Never [skip Q2+Q3]	Monthly or less \square_1	2-4 times a month \Box_2	2-3 times a week □ ₃	4 or r	a week □4	pregnanc	cy?
Unknown	Never [skip Q2+Q3] □ ₀	Monthly or less \square_1	2-4 times a month \Box_2	2-3 times a week □ ₃	4 or r as drinking (a week □4	pregnanc	cy?
Unknown	Never [skip Q2+Q3] □0 y standard drinks dic	Monthly or less \Box_1 the birth mother	2-4 times a month \Box_2 have on a typical d	2-3 times a week □3 ay when she wa	4 or r as drinking (a week □₄ during this	pregnand	cy?
Unknown 2. How many Unknown	Never [skip Q2+Q3] □0 y standard drinks dic 1 or 2	Monthly or less \Box_1 If the birth mother \Box_1	2-4 times a month \Box_2 have on a typical d $5 \text{ or } 6$ \Box_2	2-3 times a week □₃ ay when she wa 7 to 9 □₃	4 or r a as drinking o	a week \Box_4 during this or more \Box_4	pregnand	cy?
Unknown 2. How many Unknown	Never $[skip \ Q2+Q3]$ \square_0 y standard drinks dic $1 \ or \ 2$ \square_0	Monthly or less \Box_1 If the birth mother \Box_1	2-4 times a month \Box_2 have on a typical d $5 \text{ or } 6$ \Box_2	2-3 times a week □₃ ay when she wa 7 to 9 □₃	4 or r as drinking o 10 uring this p	a week \Box_4 during this or more \Box_4	pregnand	cy?
Unknown 2. How many Unknown 3. How ofter	Never $[skip \ Q2+Q3]$ \Box_0 y standard drinks did 1 or 2 \Box_0 n did the birth mother	Monthly or less \Box_1 If the birth mother $3 \text{ or } 4$ \Box_1 er have 5 or more	2-4 times a month \Box_2 have on a typical d $5 \text{ or } 6$ \Box_2 standard drinks on	2-3 times a week □3 ay when she wa 7 to 9 □3 one occasion du	4 or r as drinking o 10 uring this p	a week \Box_4 during this or more \Box_4 regnancy?	pregnand	cy?
Unknown 2. How many Unknown 3. How ofter	Never $[skip \ Q2+Q3]$ \Box_0 y standard drinks did 1 or 2 \Box_0 n did the birth mother	Monthly or less If the birth mother 3 or 4 If the birth mother Less than	2-4 times a month \Box_2 have on a typical d $5 \text{ or } 6$ \Box_2 standard drinks on	2-3 times a week □3 ay when she wa 7 to 9 □3 one occasion du	4 or r as drinking o 10 uring this p	a week during this or more 4 regnancy?	pregnand	cy?

Assessing prenatal alcohol exposure: Summary

Assessment of prenatal alcohol exposure requires clinical judgement and careful evaluation of a range of information that may provide confirmation of maternal alcohol use and quantification of intake.

Evidence of exposure can be evaluated to estimate the overall level of risk using the following broad risk categories:

- i. **No exposure** (confirmed absence), no risk of FASD;
- ii. **Unknown exposure** (alcohol use is unknown);
- **iii. Confirmed exposure** (AUDIT-C score =1-4; or confirmed use, but exposure less than high risk level for FASD; or confirmed use, but not known if exposed at a high risk level for FASD); and
- iv. **Confirmed-high risk exposure** (AUDIT-C score = 5+; confirmed use, exposure at high risk level for FASD).

Confirmed high risk exposures for FASD can be considered to include, at any time during pregnancy:

- i. An AUDIT-C score of 5 or more
- ii. Reported consumption of **5 or more standard drinks on one occasion** (e.g. AUDIT-C question 3)
- iii. Other reliable evidence of high consumption